

The Catholic Parish of Springfield

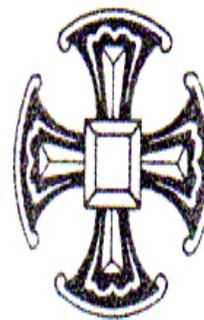
The Augustinian

St Augustine of Canterbury - Springfield
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Father Frank Writes

My dear friends,

As ever, it is good to be writing an introduction to a new edition of The Augustinian.

My thanks to all who have contributed, and a special thank you to our editor, Nigel Gardener, for his hard work and indefatigable enthusiasm.

As always, I hope you find there is at least part of special interest to you. There are prayers which I hope you will use in Lent and over the Easter period, accounts of pilgrimages and promises of pilgrimages, historical notes on local churches, a piece on Blessed Richard Gwyn (you'd expect no less from a Welsh editor!), information about the Knights of St Columba (so active in our parish and deanery), and something on CAFOD and OXFAM. Not forgetting 'Faith and Wisdom' and my desert island choices. I like the little article on Mary Maguire which has given me fresh ideas regarding penance, and I can warmly recommend the Hot Cross Bun recipe – quite the best, but then I am biased.

We will be planning a further edition later in the year – so keep the articles coming in. The best way of submitting articles for inclusion is to email as a *Word* document to The Presbytery (Springfield@dioceseofbrentwood.org).

Until then, happy reading.

With my blessing.

Father Frank

Almighty and Everlasting God,
You have given the human race
Jesus Christ our Saviour as a model of humility.
He fulfilled Your Will by becoming Man
And giving His life on the Cross.
Help us to bear witness to You
By following His example of suffering
And make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.
Amen.

Easter Prayer

Heavenly Father and God of mercy,
I believe that Jesus is alive and has
become the Lord of life.

From the waters of Baptism you have
raised me with him and renewed your
gift of life within me.

Increase in my mind and heart
the risen life I share with Christ
and help me to grow in your
wisdom and grace.

Lord Jesus, you appeared to your
apostles after the resurrection and filled
their hearts with joy when you said to them
"Peace be with you".

May the peace of your presence
abide with me and make each day you
give me the most beautiful day of my life.

Lord Jesus, you triumphed over death and
destroyed the power of death in me,
may I live only for you.

Risen Lord, you brought confusion
on the guards at your tomb but joy
to your disciples, grant me the fullness
of joy as I serve you in spirit and truth.

You promised to be with your disciples,
Lord, to the end of the world, stay with
me today and remain with me always.

King of glory, centre of my life,
grant that when you come again, I may
be one with you in glory.

Lord, remember me as in my own way I
minister to your people, may my life
be holy and an example to your people.

Lord Jesus, purify my heart with your truth
and guide me in the way of holiness,
so that I may always do what is
pleasing in your sight.

Amen.

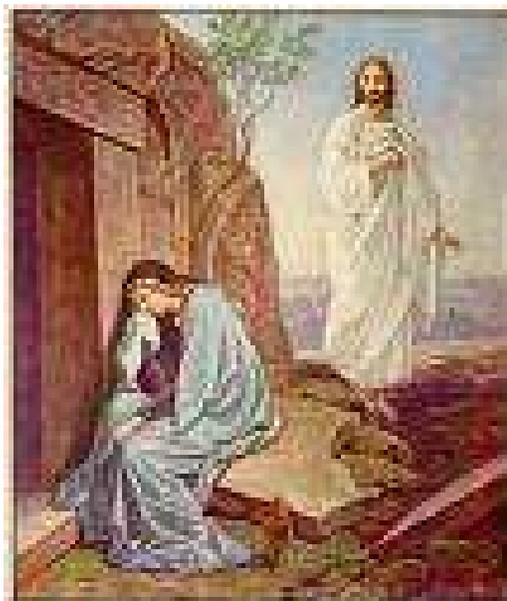


Glory and praise to You, Risen
Savior, for You bring light to our
darkness, joy to our sorrow, and the
fullness of love to our reluctant
hearts.

Once and for all you have conquered
sin and evil. In the glory of Your
Resurrection we have been set free
from all that keeps us from following
you.

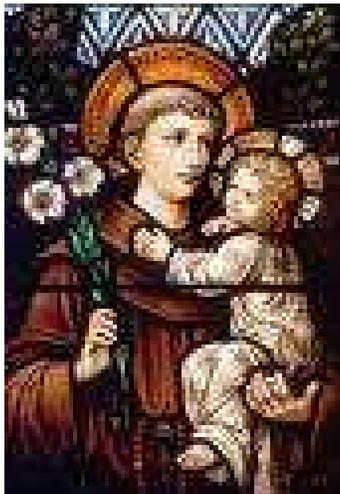
In this Easter season, fill our hearts
with Your Light and Grace that we
might joyfully echo the words of
Your Holy Angels:

He is not here in the tomb:
He is risen!
Alleluia! Alleluia!



The Parish Pilgrimage

The Parish pilgrimage last year was to Padua, Venice and Verona. It was the sixth pilgrimage led by Fr Frank since he joined the parish in 2002. Previous pilgrimages were to Fatima (2003), Santiago de Compostela (2004), Assisi (2005), Turkey (2006) and Poland (2007). The number of pilgrims average thirty and consist mostly of parishioners but we inevitably also have a few “loyal friends” join us.



In Padua, we stayed in a spa hotel (with three swimming pools!) and had an air-conditioned coach at our disposal for the various tours. Padua is of course, associated with St Anthony who was a Franciscan and the trip included a visit to the Basilica and the saint's shrine. One day was spent in Venice where we visited St Mark's Basilica and had a guided tour of the city. In Padua itself, we visited the famous Capella degli Scrovegni which is decorated with some of Giotto's finest frescoes. Mass was celebrated in the Cathedral. Another day was spent visiting the historic city of Verona where we enjoyed a very interesting guided tour. Included was sight of the famous Romeo and Juliet balcony! The last full day took us back to Venice to board a boat to take us out into the lagoon and visit some of the islands. The island of Torcello has

few inhabitants today but in the 14th century there were nearly 20,000 people living there. It has the first cathedral to be built in Venice and is dedicated to Our Lady of the Assumption. Burano, in contrast to Torcello, is very much a working island where women practice lace making and men still depend on fishing. Its highly coloured houses lend it its own particular character. Of particular delight was the visit to the San Francesco de Deserto island, so named because St Francis of Assisi landed there on his way back from the Middle East in 1220 and founded a sanctuary.

A necessary part of our pilgrimages is to ensure that we can celebrate Mass every day and this has been achieved to date. We also know how to enjoy ourselves. For example, on the final night in the hotel, it was party night. We celebrated a birthday and practiced our ballroom dancing. (Not quite up to Strictly Come Dancing standard!) We always hope for good weather and we were very lucky on this occasion given the generally disappointing summer. Although not too hot, at least the sun shone every day.

2009

This year we will visit Wales. This is perhaps fortuitous in some respects because of the weakness of Sterling compared to the Euro. However, the decision was more to do with the fact that our pilgrimage in 2010 is to Oberammergau which will be noticeably more expensive than previous pilgrimages. There is a favourable long-range weather forecast for (summer) 2009 based on good scientific analysis which hopefully will persuade some people that it doesn't always rain in Wales! It should be stressed however, that forecasts are known to be sometimes wrong!

Our pilgrimage will include visits to Glastonbury, Wells, St David's Cathedral and the Bishop's Palace, the Welsh national shrine of Our Lady, Holywell and the shrine of Our Lady of Fatima. During the tour we will also be able to enjoy some of the magnificent scenery and spectacular coastline of Wales. As always, we will celebrate Mass each day.

St David's has been an important pilgrimage destination since the Middle Ages and was considered on a par with Santiago de Compostela. Holywell has St Winefride's famous well with its healing waters and intriguing stories of miracles associated with it.



Our tour will be by coach and we will be staying in a hotel near Glastonbury for our first night, a hotel in Gwbert-on-sea just outside Cardigan for three nights and a hotel in the locality of Holywell for our last night.

There are some places still available with deposits of £120 required on booking and the balance of £379 due by July 7th. A supplement of £105 is payable for single rooms. The actual dates of the

pilgrimage are Monday September 7th until Saturday September 12th.

2010

Our pilgrimage in 2010 will have a very full itinerary to include attending the world-famous Oberammergau Passion Play. We will be flying to and from Stansted and Munich and heading towards the retreat house of an 8th century monastery in upper Bavaria for a four night stay. We will be visiting many places including important pilgrimage sites and shrines in the region.. We will arrive in Oberammergau during the morning of the last full day and after checking in to our accommodation and following lunch, we will move towards the theatre for the start of the play at 2.30pm. There will be an interval at 5pm and the second part of the play commences at 8pm. It finishes at 10.30pm. We depart the following morning after breakfast for our return flight to the UK.



As always, Mass will be celebrated on each day of our pilgrimage. The actual dates are Monday August 16th until Saturday August 21st and the cost is £899. Unfortunately, we have no more single rooms available, having been allocated only six. We do have a few places still available however for couples.

For those unaware of the story of Oberammergau, following is a synopsis of its history.

The outbreak of plague which hit Northern Europe in the early 1630s did not pass the village of Oberammergau by and claimed the lives of many of its inhabitants. In 1634 the village prayed as one and vowed that if the plague left the village, a play commemorating the Passion of Our Lord Jesus Christ would be performed, not once, but every ten years. This was no empty promise. Not another villager died from the plague and to this day the play has been performed every ten years. The play itself is a mixture of acted scenes from the New Testament and tableaux from the Old Testament accompanied by sung choruses. Some of us have already experienced the play and more than once. It has been an extraordinary experience. The performance is faultless and one leaves the theatre almost feeling one had experienced the actual passion and death of Our Lord.

For more information about either of the two pilgrimages, please contact Tony Cornish, tel: 01245 264821 or e-mail: tonycornish@talktalk.net.

Walsingham October 2008



Walsingham holds a special place in the hearts of many Catholics and Anglicans alike. As a centre of Pilgrimage since the 11th century is has a long history of people visiting to worship at a site dedicated to Our Lady. The Parish Day Pilgrimage saw over fifty pilgrims heading for Walsingham on a cold Saturday morning. Father Frank gave us a blessing before departure and this was followed by a short prayer, and a Decade of the Rosary led by Deacon Kevin.

There was a really relaxed atmosphere on the journey up with people chatting away creating a lovely feeling of a group of people joined together with a common intention. Even so the arrival in Walsingham saw the first scramble of the day as people headed for a drink in one of the many coffee shops in the village. After a brief

stop for refreshments the coach took us to the Catholic Shrine approximately a mile outside the village. The uniquely named Slipper Chapel gained its name from the tradition of pilgrims removing their shoes at this Church before walking barefoot to the main shrine in the village.

It was a real experience to follow the Stations of the Cross, led by a visiting Priest from the Catterick Garrison, in the grounds of the National Shrine. The light through the trees, with the autumn leaves turning red and brown, created a solemn atmosphere in a beautiful environment. The Mass at the Chapel of Reconciliation brought the Springfield group together with visitors from elsewhere. The acoustics in the Chapel are really amazing and the voices of the celebrants, together with the singers, reverberated through the building.



After a lunch break in the grounds a sizable group gathered together to carry the Statue of Our Lady from the Slipper Chapel into Walsingham itself. Walking the mile or so along an old railway line, carrying the statue of Our Lady of Walsingham, with Deacon Kevin leading the prayers and reading through the Mysteries was extremely moving.

Walking in the footsteps of so many other pilgrims from around the world makes you so aware of the community of the global Church worshipping together.

On a more mundane level on arrival back at Walsingham I am fairly convinced that I managed to find the nicest tasting scones in the world! Made with apricots, and supported by a hot chocolate, the café at the Walsingham Shrine comes highly recommended. It would not be fair to finish without a massive thank you to all the people who were part of this day out. As a



newcomer I was made to feel welcome and part of something quite special. A really big thank you to everyone involved in the organisation – especially Cath for making my wife feel very much at home!

(Nigel Gardener)

Nearby churches.

In previous issues we looked at the churches in the parish of St Augustine of Canterbury, Springfield. These and nearby churches were, of course, the former Roman Catholic parish churches. Indeed, apart from the church of St Michael in Woodham Walter built in the reign of Elizabeth I, no new churches in Essex were built until modern times. So now let us look at some nearby.

Great Waltham

The church of St Mary and St Lawrence is set in a fine churchyard graced by fine trees and monuments. It is a large church for a village but gracious and overlooking the parkland of the Manor House, 'Langleys'.



The original church was built by the Normans but now greatly restored. There are parts of the Norman church still to be seen, a Norman arch and re-used Roman tiles in the windows. The tower is Norman as are the small windows and turret door of 1200.

The tower is now supported by brick buttresses.

In the church are many brass plates one to an unknown man of the 16thC, one of Thomas Wiseman with one of his two wives and some of the children 1850 and of Richard Everard and his wife in Jacobean costume. There are Everard Coats of Arms on the chancel floor. The Everards were at that time lords of the manor, 'Langleys'.

There is a large ornamental wall memorial which was being erected for Sir Anthony when he died in 1614 on it are shown himself above his wife both leaning on their elbows, on a floor pedestal are two little boys in each others arms and one little boy alone. The small upper windows still have the original glass of 1600!

There is a plaque in memory of sixteen year old Hugh Everard it shows a sinking ship as he was drowned on the Goodwin sands on the way home from war 1703. The Everards were in time replaced by the Tufnells who refurnished the Manor house.

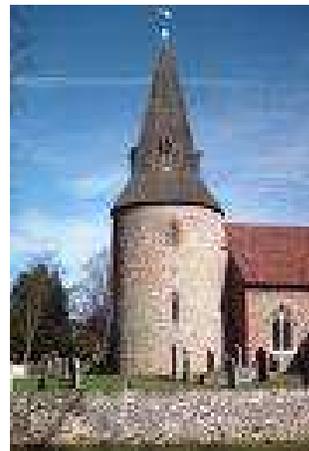
Great Waltham is well worth a visit there are many fine houses to see, the lodge house is a miniature of 'Langleys' and in one corner of the churchyard is a fine Elizabethan cottage with high barley twist chimneystacks.

The Essex historians Tindall and Morant were ministers here.

Down the road now to Broomfield and don't spare the horses!

Broomfield

The small church of St Mary is set in the village green. It was as ever built by the Normans using all the local material they could find; Roman tiles, flint and Pudding Stone a rough conglomerate. A large lump of this is set in the base of the tower in a prominent position. It was venerated by the Saxons and so this was perhaps a statement of the power of the new faith!



Now flint is a very difficult building material, it is heavy and the wet mortar cannot support it and so shuttering has to be used until the mortar has set. We must therefore admire the builders of this; one of only six round towers in Essex; it has a shingle spire.

During restoration a plastered over niche was found in one of the walls, it revealed a beautiful Bible with an embossed cover, a note inside stated that King Charles I had given it to his Librarian, Patrick Younge, who is buried here. It was hidden to preserve it from the puritans in Cromwell's time. Philip Morant the historian was Vicar here 1776. He was also at Great Waltham.

In the next issue we will look at Chelmsford and Great Baddow.
(Liam Fitzgerald).

Blessed Richard Gwyn

Richard was a Welshman who lived in the sixteenth century. Queen Elizabeth I ruled England and Wales. Because most people in Wales were still Catholic, the queen and her officials tried to crush the faith by cruel laws. Priests or people who were loyal to the Holy Father were put in prison. They were often tortured and killed. Richard became a Catholic after he had finished college and had become a teacher. Before long, he was a hunted man. He escaped from jail once and a month later was arrested again. "You will be freed," he was told, "if you will give up the Catholic faith." Blessed Richard absolutely refused. He was brought to a non-Catholic church by force. He upset the preacher's whole sermon by clanking his chains loudly. Furious, the officials put him in the stocks for eight hours, and many came to abuse and insult him. More time in prison and torture sessions followed. The queen's men wanted him to give them the names of



other Catholics, but Richard would not. At his trial, men were paid to lie about him, as one of them admitted. The men on the jury were so dishonest that they asked the judge whom he wanted them to condemn. After Blessed Richard was sentenced to death, his wife and baby were brought to court. "Do not imitate your husband," the poor woman was told. In disgust, she bravely snapped, "If you want more blood, you can take my life with my husband's. If you give more money to your witnesses, they will surely find something to say against me, too." As Blessed Richard was being martyred, he cried out in terrible pain: "Holy God, what is this?" One of the officials mockingly answered: "An execution of her majesty, the queen." "Jesus, have mercy on me!" exclaimed the martyr. Then he was beheaded. The beautiful religious poems Blessed Richard wrote in prison are still in existence. In them, he begged his countrymen of Wales to be loyal to the Catholic faith. Blessed Richard died a martyr in 1584. He was proclaimed "blessed" by Paul VI in 1970. In the example of Bl. Richard, we are reminded that our Faith is a treasure to be held with conviction and loved deeply.

The Knights of St Columba

At a meeting held in Glasgow on 5th October 1919; attended by twenty-four Catholic gentlemen; Patrick J. O'Callaghan asked those present to agree to the formation of a new organisation, which would ultimately be called the Knights of St. Columba. This proposal was agreed and a further meeting was convened. The new Order was to be modelled, as far as was practicable, on the example of the Knights of Columbus in the USA.



On their official website the KSC are described as “an Order of Catholic Laymen dedicated to the Service of the Church and fellow man. The Organisation, which is non-political and essentially democratic, exists to support the mission of the Catholic Church and at the same time to work for the spiritual and material good of its members and their families.

In accordance with the Social Teachings of the Catholic Church, members will diligently work for the Moral and Social Welfare of our Country and in particular to help young people develop in the likeness of Christ. Members of the Order will strive to achieve these aims through the fundamental virtues of Charity, Unity and Fraternity.” (Taken from www.ksc.org.uk)

We thought it might be interesting to get the views of our local KSC organiser about the excellent work the Knights do in support of the Parish and the Church in general.

The Chelmsford group – Council 302 – recently launched a recruitment drive to attract new members who share their commitment to support the mission of the Church. In real terms this means:

- Working with and for the youth of our Catholic community including such events as a regional Youth Day and running an annual award to recognise the commitment of Catholic young people in Chelmsford
- Helping to raise funds for the many important charities locally, regionally and nationally such as the Brentwood Catholic Children's Society, Farleigh Hospice and Christian Aid. A major drive this year has been to raise resources for the homeless;
- Seeking to change the political and social climate and public opinion to halt the attacks on the Dignity of Life and traditional Christian family values.

- As well as pursuing a variety of religious and social goals the Knights are very proud of their “social” events calendar – as Chris Thompson commented at a recent Mass the Knights have done a great deal of work to support the licensing and catering trade in a time of economic crisis!
- Actively participating in the fight against poverty, disease, homelessness and social issues that threaten the Gospel values of the Church is crucial for Knights. It is very much an organisation based on Faith in Action to better the lives of people in need.

We have a wide and varied programme of community, spiritual and social activities in addition to the above. We are always looking for new recruits to refresh and renew our Council. If you can help us, contact:

Chris Thompson	469161	thompsoncjt01@blueyonder.co.uk
Peter Whittington	441736	whittingtonfamily@btinternet.com
John Holland	476144	hollandfamily@tinyonline.co.uk

CAFOD

Catholic Agency For Overseas Development

CAFOD had its beginnings in the early 1960's when the National Board of Catholic Women organised a Family Fast Day in response to a request from the people of the Caribbean Island of Dominica for help with a mother-and-baby healthcare programme.



In 1962, the Catholic Bishops of England and Wales officially set up CAFOD - then known as the Catholic Fund for Overseas Development, but today is the Catholic Agency for Overseas Development.

The aim was to provide a focus for all the small-scale charitable efforts which were already taking place.

Today, CAFOD is still bringing about change as a result of the immense commitment and generosity of the Catholic communities of England and Wales.

“The hungry nations of the world cry out to the peoples blessed with abundance. The Church, cut to the quick by this cry, asks each and everyone to hear the plea of our brothers and sisters and answer it lovingly.”

(Pope Paul VI)



CAFOD are launching their “Live Simply” Challenge and are asking for our support in this important initiative to help people in need throughout the world. The key point behind this appeal is to think carefully about how we live our lives and to look at ways in which we can make small changes for us that can have a massive impact on others. Some of the suggestions put forward include:

- Save your pennies in one of the CAFOD collection pyramids or even in a used jar or empty can. The pennies soon mount up and become £'s worth of aid.
- Give up one luxury a week – a chocolate bar, a coffee in a café in town or a cream cake and donate the money to the CAFOD project.
- Take a walk and use the petrol money or bus fare saved to help somebody in need.
- Lent is a time for prayer and reflection. A time for almsgiving and “Fasting.” Perhaps you could give up something for Lent and donate the money to CAFOD.

The Gospel challenges us to live our lives as Christians with Jesus as a role model. In Matthew 6 we are encouraged to do “good works” and this Challenge is an opportunity for us all to make a huge contribution to the well-being of people in genuine need.

Live simply so that others may simply live

Oxfam In Chelmsford

The Oxford Committee for Famine Relief started as a result of a meeting organised by University Vicar, Canon Milford, in 1942, to help Greek civilian victims of war. After the war Oxfam continued its work to help people all over the world. Oxfam opened one of the world's first charity shop chains starting with a shop in Oxford in 1948. This innovative fundraising idea attracted donations ranging from false teeth, various stuffed animals, up to a houseboat. Today our shop network raises millions and the shops in Chelmsford contribute to this important fund raising programme.



94 High Street

- ☞ For books and music
- ☞ Also fairly traded food, cards and gifts
- ☞ Collectable and valuable books – ideal gifts
- ☞ Wide range of vinyl records, CDs and DVDs
- ☞ Cath Tate cards
- ☞ Red noses, badges and car magnets for 13th March
- ☞ Easter Eggs (fairly traded chocolate)
- ☞ Eco-friendly cleaning and laundry products

01245 345028

6 Market Road

- ☞ For clothes, household goods, toys
- ☞ Wide range of accessories & jewellery
- ☞ Collectables
- ☞ M&S Scheme – donate good quality M&S clothes and receive a £5 M&S voucher (spend over £35)



01245 356723

At both shops

- ☞ “Unwrapped” – unusual Oxfam gift ideas
- ☞ Oxfam greeting cards
- ☞ Re-cycling – mobile phones, ink cartridges
- ☞ Donations of quality goods for sale welcome
- ☞ Donations of stamps and coins also welcome



Open Monday – Saturday 9am to 5pm
Oxfam works with others to overcome poverty and suffering.

Faith and Wisdom

“There is no evil to be faced that Christ does not face with us. There is no enemy that Christ has not already conquered. There is no cross to bear that Christ has not already borne for us, and does not now bear with us.”

Pope John Paul II



“The great Easter truth is not that we are to live newly after death, but that we are to be new here and now by the power of the resurrection”

Phillips Brooks (1835-1893)

“Christianity is a religion of miracle and the miracle of Christ’s resurrection is the living centre and object of Christian faith”

Alan Richardson (1905-1975)



Parish People Pastimes!

Many people regularly listen to Desert Island Discs and we thought it might be a nice idea to get members of our Parish community to share their chosen items if they were to find themselves stranded – possibly at Stansted.

In each edition of the Augustinian we will be asking our contributors to pick 5 favourite pieces of music, 2 books and, in response to our technological age, 1 DVD/video film. An optional “luxury” item can also be included in their luggage. Instead of the Complete Works of Shakespeare we will be providing each stranded traveller with a Bible and The Catholic Prayer Book edited by Michael Buckley.

Father Frank has kindly volunteered to be our first guinea pig and has bravely submitted his choices.

Music Choices

Handel: Coronation Anthems

Father Frank comments that this piece of music was very inspiring and instrumental in shaping his future. He recalls walking to choir practice and hearing the organist rehearsing the opening bars to *Zadok the Priest*. It was very much a turning point as it helped him to realise that “it was here that I was really at home.”



Tallis: Spem in Alium

“As a teenager my real love was early polyphony- (a sound based on two or more independent melodic voices)-this piece is sublime as well as being a technical masterpiece.”

The Carpenters: Close to You

A track that Father Frank associates with meeting Anne and released on their original 1970's album of the same name. Father Frank comments that this is a song that will be “forever associated with those halcyon days.”

Zelenka: Lamentations

Father notes that Zelenka is very much a “current passion” and that he has recently discovered this composer whilst listening to Radio 3 on a drive back from a Mass at Chelmer Village on a wet Sunday afternoon. “My only reservation” he notes “is that it might be too melancholy on my lonely desert island.”

Elvis Presley: “Always on My Mind”

Many contemporary musicians would cite as “The King” as a major influence and Father Frank finishes his music choices with this Presley track that reminds him of the Parish Panto and of his happy times spent at Springfield.

Film Critic!

Father Frank has chosen two outstanding films that have been used extensively in teaching Christian values of hope, faith, love and putting others before self.

“The Mission” very much focuses on the real issues of faith as well as illustrating true Christian heroism.

His second choice, Frank Capra 1946 classic “It’s a Wonderful Life” in which an angel helps a compassionate but despairingly frustrated businessman by showing what life would had been like if he never existed, has a real feel good factor and, as father says, “always moves me.”



The Bibliophile!

Walsh: *The Gauntlet*

“Not a long book but one which I’ve loved since I was 10. I know I was 10 because I still have my original copy of this book inscribed with my name and the date 1958. It combines time travel (a definite Dr. Who link developing), with knights in shining armour. What more could any boy of any age want?”



Loneragan: *Method in Theology* (but preferably the 20 volume collection)

It’s interesting to note that Father Frank would consider himself to be a better Economist than theologian. However, having studied Catholic Theology at Maryvale and “never fully appreciated or understood what he’s saying, mainly because of lack of time to fully digest his complex arguments” he feels that living on a desert island may provide a new opportunity to examine these writings further.

The Luxury Item

A fully equipped chapel

Mary Maguire!

Mary left her house at 8.40 – just as she did every Friday morning – to hurry off to Mass followed by Confession. As she hurried down the road she tied her scarf tighter, tugged at her coat and cursed the wind for being so strong. She rushed through the Church door, closely followed by a handful of bustling leaves. Composing herself she knelt in her usual pew and said the same prayers that she had said every Friday for too many years to remember. When Mass was over she automatically got up and positioned herself so that she was first in the queue for Confession. As soon as Father Pat had entered the Confession Box she was in.



“Bless me Father for I have sinned” she recited in parrot fashion.

“It has been one week since my last confession, but you already know that don’t you and anyhow it’s much the same as last week....the odd swear word, a couple of white lies and a bit of gossiping, so if I could have my three Hail Mary’s absolution I’ll be off as there’s a sale and I’m after buying myself a new coat so I’m in a bit of a hurry.”

Father Pat sighed and thought hard.

“Mary” he said “for your absolution today you have a task to perform. I want you to go to the local butcher and pick yourself a nice plump fresh chicken. Then I want you to go to the top of the hill and pluck every feather off the chicken and let them fly away in the wind. I then want you to go and retrieve every feather and come back and see me.”

Mary gasped, “Father”, she said have you lost your senses? I would be forever collecting all the feathers, they would have flown for miles and some I would never get back.”

“Exactly, Mary” said Father Pat, “and that is what happens every time you gossip – some of your words fly a little way, others will fly for miles and some of the damage done to that person’s character will never be able to be retrieved.”

*All characters are fictitious....or are we all a Mary Maguire?
(Submitted to Father Frank)*

Hot Cross Buns

Ingredients:

1 medium egg
4 fluid oz boiling water, mixed with 4 fluid oz milk
3 oz butter
*4 tablespoons caster sugar
* ½ teaspoon salt
* ½ teaspoon mace
* ¾ teaspoon nutmeg and cinnamon and mixed spice
28 fluid oz white bread flour
*2 teaspoons dried active yeast – the tinned kind (do not use easy blend yeast)
3 ½ oz raisins
2 oz mixed peel
marzipan/almond paste/beaten egg



Method:

1. Whisk together the egg, water & milk and put into the pan of a bread maker (see below)
2. Rub the butter into the flour and put into the pan of a bread maker
3. Put the * ingredients into the pan of a bread maker
4. Set the programme to DOUGH
5. 15 minutes into the cycle add the raisins & mixed peel
6. When the dough is ready, transfer to a floured surface and knead for 2 minutes. Cut into 10 – 12 pieces and form each piece into a ball
7. Place onto a greased baking tray with space between them. Brush with beaten egg and put a cross of marzipan on each. Cover with cling film and leave to prove at room temperature for 30 – 45 minutes (they will also rise whilst cooking.)
8. Bake gas mark 6 / 400deg F / 200 deg C on the second shelf from the top for 15 minutes (Do not over cook – I stick a knife in the underneath of one to test)

NB. This recipe works equally well without a bread maker – you just have to do more kneading! *(Anne Jackson)*

Puzzle Page – Word Search

S	U	J	E	S	U	S	C	H	R	I	S	T	X	Y	D
A	K	R	E	Y	A	R	P	P	B	V	P	W	L	Q	S
C	H	C	F	P	X	Q	V	R	J	A	M	I	R	G	I
R	P	Q	K	F	N	M	H	I	N	V	S	C	B	M	N
A	Z	D	P	E	B	L	Q	E	V	B	I	K	D	A	Z
M	U	Y	P	I	L	A	C	S	H	Y	T	N	T	S	W
E	G	A	S	G	T	N	K	T	M	D	P	Y	U	S	H
N	U	H	E	Q	I	I	Y	J	I	D	A	A	L	I	S
T	O	X	U	V	R	D	H	O	U	U	B	N	J	A	H
P	Q	J	C	A	I	R	N	Q	K	B	L	P	O	P	E
X	B	R	H	T	P	A	D	D	E	M	O	R	R	A	D
Q	I	X	A	I	S	C	E	N	L	P	V	V	R	V	S
Q	B	X	R	C	Y	B	A	E	U	F	I	E	Y	S	H
F	L	A	I	A	L	X	C	K	Z	Q	M	S	B	Q	D
J	E	X	S	N	O	E	O	O	A	D	Y	C	Y	B	P
F	S	L	T	I	H	L	N	Y	N	C	K	O	H	M	M

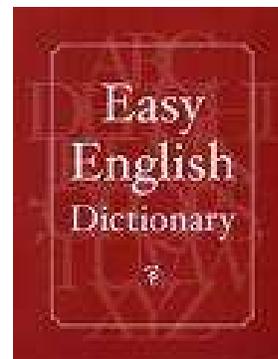
The Words are listed below.....

ROME	POPE	BISHOP
CARDINAL	PRIEST	DEACON
PRAYER	JESUS CHRIST	HOLY SPIRIT
VATICAN	BIBLE	BAPTISM
MASS	EUCCHARIST	SACRAMENT

Uxbridge English Dictionary

I'm Sorry I Haven't a Clue!

- | | |
|--|---|
| Recycle
Samurai
Hirsute
Marigold
Property
Childhood
Defer
Senile
Marigold
Impeccable
Archive | Ride your bike to the same place again and again.
The choice between me and Sam.
What she wears to work.
To get rich quick.
To make the perfect cup of tea.
A very young gangster
To strip something of its hair
Thinking your in Egypt
To get rich quick
Totally bird-proof
Where Noah kept his bees |
|--|---|



A Bible Quiz

- | | |
|--|--------------|
| 1. What did Caesar Augustus do? | Lk 2:1 |
| 2. Who was the mother of John the Baptist? | Lk 1:57 |
| 3. Which Gospel tells us about the wise men? | |
| 4. Who was the first Christian martyr? | Acts 7: 1-60 |
| 5. Who wrote the fourth Gospel? | |
| 6. Who was asked to build an ark? | Gen 6:9-15 |
| 7. Who was hidden in a basket by the River Nile? | Ex 2: 1-10 |
| 8. Who was anointed King by Samuel? | 1 Sam: 10-13 |
| 9. Chosen by Jesus as a follower in | Mk 2: 13-17 |
| 10. Related to Jesus in Luke's Gospel. | Lk 1: 26-45 |

The answers to the Bible Quiz are at the bottom of the page

MCHUMOR.com by T. McCracken



"David, I want you tested for steroids."

MCHUMOR.com by T. McCracken



"We're the Meeks, and we're here to see about our inheritance of the Earth."

Fascinating Facts!

Easter eggs first appeared in the early 19th century in France and Germany. In the UK, J.S. Fry, (now owned by Cadbury), produced its first Easter eggs in 1873. They were made of dark chocolate and were filled with sweets.

Easter eggs make up 8% of annual chocolate sales in Britain with more than 80 million sold annually. Worldwide the Cadbury's Crème Egg is the most popular variety with more than 300 million made each year.

Nursery rhyme legend Humpty Dumpty was not an egg but a large Royalist cannon on the walls above St. Mary's Church, Colchester. During the Civil War a Roundhead cannonball hit the wall under Humpty and it fell to the ground and "all the King's Horses and all the King's Men couldn't put Humpty together again."

Quiz Answers: 1 = Hold a Census; 2 = Elizabeth; 3 = Matthew; 4 = Stephen; 5 = John; 6 = Noah; 7 = Moses; 8 = David; 9 = Levi; 10 = John the Baptist